



Erin McLain Gysbers MOT,OTRL

- BS Exercise Science / Health Fitness
- Masters Occupational Therapy
- NCAA College Volleyball
- 10 years experience with musculoskeletal system and kinesiology as it relates to functional ability.

Erin graduated from Lake Superior State University in 2008 earning a Bachelor's Degree in Exercise Science with a minor concentration in psychology, and an Associate's Degree in Health and Fitness, all while competing as a member of the NCAA Division II Volleyball Team. Motivated to continue her education after a four-year stay in the beautiful Upper Peninsula, she moved to Indiana. Erin attended the University of Indianapolis and in 2010 she received her Master's Degree in Occupational Therapy. While pursuing her advanced degree she was able to gather esteemed clinical experience under the supervision of skilled occupational therapists at The University of Chicago Medical Center and Mayo Clinic in Rochester, Minnesota.

Through experience and education Erin has developed a thorough understanding of the musculoskeletal system and kinesiology as it relates to functional ability. As well as, the development and progression of exercise programming to rehabilitate previous injuries or maximize fitness goals. Erin is passionate about improving the quality of life of the residents of Northern Michigan and is excited to assist you along your journey to wellbeing!

Currently, Erin is coaching youth athletes of the NorthShore Club Volleyball program.

Continuing Education Certifications & Courses

- **Core Confidence Specialist**
- **Herman and Wallace Pelvic Rehabilitation Institute** Female Pelvic Floor Function, Dysfunction, and Treatment

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